

# 2023 Steps

## Annual Report

### OUR MISSION

is to collaborate with families, caregivers, and community members to provide best practice early support services in a nurturing environment.

**346**  
families  
served in  
2023

#### STEPS SERVICES

Physical Therapy  
Occupational Therapy  
Infant Toddler Education  
Infant and Early Childhood  
Mental Health Services  
Family Resource Coordination

#### STEPS PROGRAMS

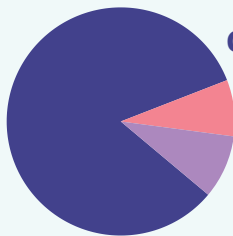
Neurodevelopmental  
Centers of Excellence  
Early Support for Infants  
and Toddlers (ESIT)  
Certified CHERISH™  
Team

Feeding Therapy  
Speech Therapy  
ABA Services



### 2023 FINANCIALS

#### Revenue & Support

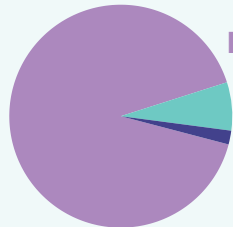


**Government Contracts 83%**

**Fees for Services 8%**

**Grants & Contributions 9%**

#### Expenditures



**Program Expenses 91%**

**Admin & Operations 7%**

**Outreach & Fundraising 2%**

**40%**  
of children  
met developmental  
milestones and no  
longer required  
specialized  
services

**204**  
Individual  
Family Service  
Plans  
Developed

**97%**  
of parents felt  
the Steps team  
listened to and  
respected their  
choices



**HELPING**  
children with  
developmental  
delays and their  
families learn,  
grow and  
thrive

**SERVING**  
Whidbey Island,  
San Juan Islands  
and now  
ANACORTES



### OUR VISION

is that all families in our service areas who have children who have developmental delays will be identified and will receive the support, available resources, and services needed to enhance their child's optimal growth and development.

### 2023 OUTCOMES

**Positive Social Emotional:** 56.55% of kids have shown substantial increase in their rate of growth and 67.16% were functioning like same aged peers.

**Acquiring and Using Knowledge and Skills:** 64.2% of kids have shown substantial increase in their rate of growth and 61.99% were functioning like same age peers.

**Use of Appropriate Behaviors:** 73.08% of kids have shown substantial increase in their rate of growth and 68.27% were functioning like same age peers.

### 2023 UPDATES

**Expanded Services** to support families in Anacortes

**Launched Infant-Early Childhood Mental Health Services** focusing on trauma informed care for children ages 0-5.

**Continued Kinderling's CHERISH Program** to support the social-emotional well-being of children living in foster care and out-of-home placements.

**Hired 5 new providers** including two Family Resource Coordinators, one Infant Toddler Educator, one Speech Language Pathologist and one Occupational Therapist.

**Diversity, Equity and Inclusion training** equipped Steps team with skills to recognize and address bias, foster empathy, and strengthened our commitment to creating an inclusive environment for families and coworkers alike.

Steps  
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[www.takingstepstogether.org](http://www.takingstepstogether.org)